



NOVEMBER 29, 2024

# 4-H Family News

Ingham County



## FALL CLOVER DAYS November 28-December 15

Sign up your club for promotion, demonstrations, etc. during these days:



<https://www.signupgenius.com/go/8050C4CA9A82EA3FB6-53442879-tractor#/>

### Williamston

3001 N. Williamston Rd  
Williamston MI, 48895

### Stockbridge

4569 South M52  
Stockbridge MI 49285

### Contact Us:

#### Glenda Weiss

4-H Program Coordinator  
weissg@msu.edu

Michigan State University Extension  
Ingham County Hilliard Bldg  
121 E. Maple Street, PO Box 319  
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Ph: 517.676.7207

#### Rachel Ochylski

4-H Urban Program Coordinator  
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Michigan State University Extension  
Ingham County Human Services Bldg  
5303 S. Cedar Street  
Lansing, MI 48911  
Ph: 517.676.7300

#### Ingham County 4-H

<https://www.canr.msu.edu/ingham/4-h/>

#### Facebook

<https://www.facebook.com/Ingham4Hyou>

## Join our Dog Agility Workshop!

Sponsored by Ingham County 4-H  
Livestock, Equine and Pet Committee

**December 1st**  
**MSU Livestock Pavilion**  
**1:00pm - 2:00pm**

- Expert tips on training & preparation
- Insights into the competition scene
- A lively Q&A session to answer all your questions



**Glenda Weiss**  
weissg@msu.edu  
517-676-7303



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# COUNTY CALENDAR OF EVENTS

Thanksgiving Holiday-MSUE Office Closed Thursday Nov. 28 thru Friday Nov. 29  
County Award Applications Due Monday, Dec 2, 5:00 pm  
Horse Committee Meeting Wednesday, Dec 11, 7:00 pm Hilliard Bldg  
4-H Council Committee Meeting Wednesday, Dec 18, 7:00 pm Hilliard Bldg



## CRAFTS AROUND THE WORLD SPIN CLUB

- ✔ Youth ages 8 to 19
- ✔ Tuesdays from November 12th - December 17th 6:30pm - 7:30pm
- ✔ Hilliard Building, Mason, MI
- ✔ Cost is \$5.00
- ✔ Visit [V2.4Honline.com](https://www.v2.4Honline.com) to Register
- ✔ Club Name: SPIN - Crafts and Culture

Discover different cultures as you learn a new cool craft. You will go home with a new project each week from a different country!

Projects include Norwegian Gnomes, Mexico's Yarn Art, and many more!

### CONTACT US:



Glenda Weiss  
[weissgle@msu.edu](mailto:weissgle@msu.edu)  
517-676-7303



## 2025 MICHIGAN 4-H DAIRY CONFERENCE!

WHERE: MICHIGAN STATE UNIVERSITY  
WHEN: MARCH 1ST & 2ND

MORE INFORMATION & REGISTRATION COMING SOON!



## 2025 State 4-H Rabbit and Cavy Show and Expo

**\$4**  
Entry Fee

Breed, Market, Fur Class Entry Fee: \$4.00

Other Contests Entry Fee: \$2.00  
Photography, Educational Display, Breed Identification, Skillathon

Showmanship pre-enter by  
January 17, 2025

Jan 25, 2025  
Enter animals day  
of Show  
7:00 am-10:00am

MSU Pavilion  
for Agriculture and  
Livestock Education

Perpetual trophy for all  
Best In Shows!



State Rabbit  
and Cavy Show  
Web Page:

[shorturl.at/Ey5yF](https://shorturl.at/Ey5yF)



SCAN HERE

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County Award Applications

DUE

MONDAY, DECEMBER 2ND, 2024

<https://www.canr.msu.edu/ingham/4-h/awards-scholarships>







# MINDFULNESS on the MOVE

4-H Special  
Interest (SPIN) Club at



fenner nature center

Step outside and take on  
mindfulness with this 4-H SPIN  
club!

Dates: Wednesdays

Dec. 4, 11, 18, Jan. 8, 15, 22

Time: 4:00-5:00pm

Location: Fenner Nature Center

Ages 8+

4-H enrollment required (free)

Join us as we explore the outdoors  
while learning various mindfulness  
practices!

## Questions?

Contact Rachel

Ochylski

[ochylski@msu.edu](mailto:ochylski@msu.edu)

(517)676-7300

To register, go to 4-H  
online and select "SPIN  
Club Mindfulness on  
the Move 4-H"  
<http://v2.4HOnline.com>



MICHIGAN STATE  
UNIVERSITY | Extension

SCAN ME



AmeriCorps

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# HORSE JUDGING WORKSHOP

## WHEN

**January 31-Feb. 1, 2025**  
**Friday workshop, 6:30-8:30p**  
**Saturday contest, 8:30-10:30a**

## WHERE

**MSU Pavilion**

4301 Farm Lane, Lansing, MI

## FEATURING

**Friday evening's workshop will feature  
carded judge & clinician Dr. Karen  
Waite on Evaluating Halter.**

**Saturday's practice contest will have 3  
classes with opportunity to give oral  
reasons: Halter, Ranch Rail and  
Horsemanship**

## ALL AGES WELCOME

**PRE-REGISTER**  
**\$15 per youth/adult/coach**

**REGISTER AT THE DOOR**  
**\$20 per youth/coach/adult**

## CONTACT

**Carla McLachlan**  
**Event Coordinator**  
**Carlam@msu.edu**

## BENEFITING

**All proceeds of event will  
go directly to the MSU  
Horse Judging Team**

**Online registration and  
payment is available at:**  
[https://commerce.cashnet.com/msu\\_3645](https://commerce.cashnet.com/msu_3645)





# 4-H Exploration Days



## Instructors Needed!



December 5th, 2024  
Instructor Proposals Due

**MICHIGAN STATE**  
UNIVERSITY

**Extension**

Calling all past, present, and future instructors, session and free time proposals are now open. Help make 2025 Exploration Days the best one yet with your new ideas and unforgettable experiences.

Submit session/Freetime requests by DECEMBER 5th:  
[https://msu.co1.qualtrics.com/jfe/form/SV\\_eFZQfkjOi1Cf606](https://msu.co1.qualtrics.com/jfe/form/SV_eFZQfkjOi1Cf606)

Questions? Email: [4h.expodays@msu.edu](mailto:4h.expodays@msu.edu)







## Healthy Choices:

### Substance Use Awareness and Prevention

Weekly sessions include:

What is Vaping?

Understanding Health Effects of Vaping

Making Healthy Choices

Dec. 2, 4, 9, 11, 16, 18

Time: 11:00 am – 11:30 AM

Location: Gardner International Magnet  
School



**HEALTH  
ROCKS!**  
INSPIRED TO BE SUBSTANCE FREE

For More Information, Contact  
Rachel Ochylski

Email: [ochylski@msu.edu](mailto:ochylski@msu.edu)

Phone: (517)676-7300



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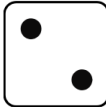
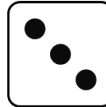
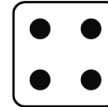

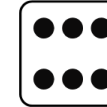
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# ROLL AND DRAW A TURKEY

Roll a die and draw the turkey part

# MY TURKEY

	Add a tail feather
	Draw the turkey's feet
	Draw the turkey's body
	Draw the turkey's eyes & beak
	Draw the turkey's wings
	Add an accessory (hat, bowtie, jewelry, sports equipment, food, etc)



# STATEWIDE 4-H NEWS

## Starting the 4-H season off right: Suggestions for the year's first meeting

Adapted from an article by Michelle Neff at [www.canr.msu.edu/news/starting-the-4-h-season-off-right-suggestions-for-the-years-first-meeting](http://www.canr.msu.edu/news/starting-the-4-h-season-off-right-suggestions-for-the-years-first-meeting).

A new 4-H year has started and that means it is time to start thinking about the goals and plans for educational, inspirational and recreational activities for Michigan 4-H clubs! No matter what project youth are participating in, it is important to start the year off right!



MSU Extension has resources for volunteers to help lead and manage their 4-H club on the 4-H Club Development website, [www.canr.msu.edu/4hclub/index](http://www.canr.msu.edu/4hclub/index). A good start to the 4-H year will allow youth members, club leaders and parents to be clear about expectations and plans for the group and be excited for what will take place. Some tips to get you started include:

- Get to know youth and adults and share about 4-H! Clubs transition from year to year. There may be members new to 4-H, youth trying new project areas, and members who have left or transitioned to different activities. Make sure everyone knows each other with a fun icebreaker activity.
- Prepare a list of activities for the year. The 4-H year goes fast and there is a lot to do in a short period of time. Preparing a list of club activities for meetings is important to ensure youth are learning the life and technical skills of their 4-H project.
- Create a calendar. Once you have your activities picked out, it's time to plan when and where it will all happen!

## MSU Extension hosts successful second Michigan 4-H Day at the Capitol

On October 9, MSU Extension hosted the second Michigan 4-H Day at the Capitol to showcase the positive impact of the Michigan 4-H program and bring additional visibility to its effects. The event was held in the atrium of Heritage Hall – the Capitol Visitor's Center.

“We were so excited to bring this event back in 2024,” said Deanna East, MSU Extension associate director who served as the event emcee. “Michigan 4-H is certainly worth celebrating every day of the year and we are grateful for the opportunity to highlight this impactful program to our state’s leaders.”

Michigan 4-H Day at the Capitol was attended by legislators, stakeholders and members of the public. At the event, attendees visited information booths hosted by Michigan 4-H youth and staff. A brief program featured East as well as: legislative host Representative Reggie Miller; MSU President Kevin Guskiewicz; Emma Young, policy analyst for Governor Whitmer and a Michigan 4-H alumna; Everett Howell, Michigan 4-H youth from Leelanau County; and Brianna Sierra, Michigan 4-H youth from Genesee County.



Mich. 4-H youth with Rep. Miller (fourth from left).

“The Michigan 4-H program serves an incredible number of youth each year but we hope to reach even more young people in the years ahead” continued East. “Elevating awareness of the program is one of our primary goals for Michigan 4-H Day at the Capitol and we believe this event will help connect more youth with our program and all that Michigan 4-H has to offer.”

The program was livestreamed on the Michigan 4-H Facebook and can be viewed at [www.facebook.com/Michigan4H](http://www.facebook.com/Michigan4H).





# States' 4-H International Exchange Programs

## 2025 OUTBOUND PROGRAMS

Costa Rica · Japan · Taiwan · Korea · Argentina



Costa Rica



Japan



Taiwan



South Korea



Argentina

Are you curious about daily life, culture, and youth programs in other countries?  
Travel abroad with States' 4-H and enter a world that most visitors rarely get to see.

### Program Details:

States' 4-H Summer Outbound programs provide American 4-H youth with the opportunity to travel to foreign countries for a month-long cultural immersion experience. Delegates live with volunteer host families\* and engage in experiential learning about a new way of life. Delegates experience aspects of daily life that allow them to more deeply understand both their host culture and their own culture. Our network of like-minded international partners recruit host families and plan enrichment activities.

*\*Exception: Argentina uses group accommodations on program*

### 2025 Travel Dates\*

Japan 8-week:	June 11—August 8, 2025
Costa Rica:	June 19—July 18, 2025
Argentina:	June 19—July 13, 2025
Japan 4-week:	July 9—August 8, 2025
South Korea:	July 16—August 15, 2025
Taiwan:	July 16—August 15, 2025

*\*Program dates subject to slight change or modification*

### Eligibility:

4-H ages **12—18** for Japan 4-Week & Taiwan, **12—17** for Korea, and **15—18** for Costa Rica, Argentina, and Japan 8-Week

### Program Information:

- Adult chaperones accompany the group during international travel and remain in-country to provide support.
- States' 4-H provides Program Handbooks that cover everything from packing lists to financial matters to cultural information.
- States' 4-H conducts group conference calls and a National Departure Orientation prior to international travel.
- No prior language study is required, but it certainly is helpful! Our international partners have English-speaking staff on hand to assist you in communication.

### Application Deadline & Program Fees:

Contact your 4-H State Coordinator for deadlines and to apply.  
*Please note that program details are subject to change.*

### For more information:

[www.states4hexchange.org](http://www.states4hexchange.org)

[OB@states4h.org](mailto:OB@states4h.org)

(206) 462-2200



<https://www.facebook.com/states4hexchange/>



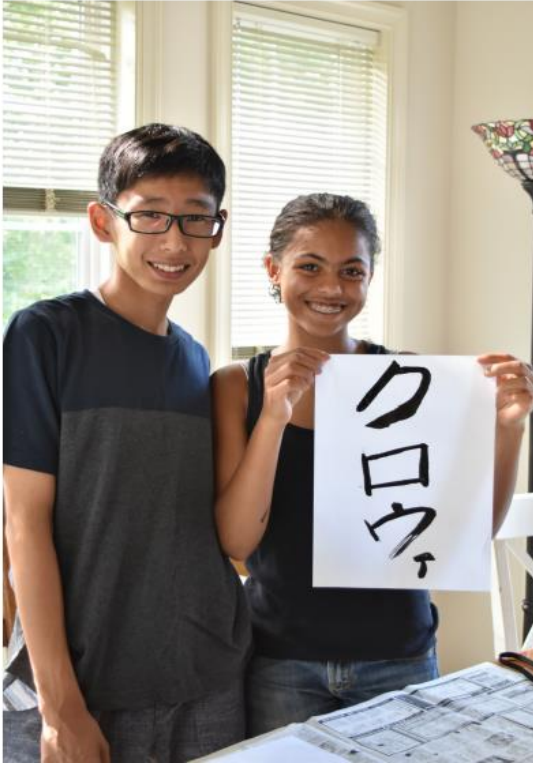
[@states4hinternational](https://www.instagram.com/states4hinternational)





# 2025 OUTBOUND PROGRAMS

States' 4-H International's mission is to enhance world understanding and global citizenship; one way to move towards that goal is through living with a local host family and immersing oneself in another culture.



## Program Fees Include:

Welcome packet; overnight national departure orientation; arrival orientation in host country; portion of chaperone fee; Accident & Sickness Medical Insurance; in-country transportation, lodging, and meals while on-program; country-specific activities as determined by international partner organizations; overnight national departure debriefing upon return.

## Program Policies:

- Program Cancellations:
  - \* No refund of paid deposits, unless full program cancelled by States' 4-H
- Airfare is non-refundable once issued
- In-State Fees may apply
- Unaccompanied Minor fees may apply (up to \$150 each way)
- Program details subject to change

## **Q: Will a chaperone accompany the group?**

**A:** Yes! Adult chaperones accompany the group during international travel and remain in-country to provide support during the exchange.

## **Q: Do I need to speak another language?**

**A:** No prior language study is required, but it is certainly helpful! Our international partners have English-speaking staff on hand to assist you in communication.

## **Q: How will States' 4-H prepare me for my homestay?**

**A:** States' 4-H provides travel handbooks that cover everything from packing lists to financial matters to cultural information. In addition, each state may conduct a spring orientation covering these topics. Delegates also receive details during the States' 4-H group conference call in late spring and a National Departure Orientation the day before the international flight.



# 4-H Zoo Apprentice Camp

## Overview

4-H Zoo Apprentice Camp (Ages 14+)

4-H Junior Zoo Apprentice (Ages 11-13)

- **Registration Deadline: Dec 1, 2024**
- **Arrive:** Fly or Drive.
- **Depart:** Fly or Drive Home.

The world's largest zoological organization partners with Missouri 4-H to offer 4-H youth an opportunity to discover, learn, laugh and experience one-of-a-kind adventures with animals from around the world.

Learn-by-doing has long been a 4-H motto. Now 4-Hers will experience this Busch Gardens 335-acre African-themed living classroom by attending the 4-H Zoo Apprentice Camp for youth ages 14+ or by attending 4-H Junior Zoo Apprentice Camp for youth ages 11-13.

Youth in attendance will become amateur zookeepers and discover firsthand what it takes to care for animals from around the world. Assist zoo staff behind the scenes and observe animal care sessions.

Youth in attendance will be living inside Busch Gardens. They will investigate the mysteries of the animal kingdom, getting up-close to animals they have never seen before. And in between life changing moments, participants will enjoy World Class Entertainment in our nation's fourth most popular amusement park. In addition, all participants will make lifetime memories spend time working with the animal care specialists at Sea World, touring Sea World Rescue and sleeping overnight beside our new aquatic friends.

You will return with a keen understanding of animal behavior, science, and nutrition. You will be a better communicator with your own animals and four-footed family members.

The \$875 registration fee includes:

- Airport pick-up and transportation on Saturday to Busch Gardens
- All lodging
- 24/7 Staff Escorts including Zoo Staff, Education Staff, Youth Professionals and Health Staff
- Three camp t-shirts
- Staff will process needed laundry during the week
- All meals and lodge snacks
- Re-usable water bottle
- I.D. badges
- Backpack
- Transportation to and from Orlando
- All meals at Sea World
- All special events at Sea World
- Sea World Rescue facilities
- Park admission to both Sea World and Busch Gardens
- Behind the scene access
- Veterinary practices and care facilities
- Animal encounters

